



#healthyplym

Oversight and Governance

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HEALTH AND WELLBEING BOARD – SUPPLEMENT PACK

Thursday 7 March 2019
10.00 am
Warspite Room, Council House

Members:

Councillor Tuffin, Chair
Councillors Mrs Bowyer and McDonald.

Statutory Co-opted Members: Strategic Director for People, Director of Children's Services, NEW Devon Clinical Commissioning Group Representatives, Director for Public Health, Healthwatch Representative and NHS England.

Non-Statutory Co-opted Members: Representatives of Plymouth Community Homes, Plymouth Community Healthcare, Plymouth NHS Hospitals Trust, Devon Local Pharmaceutical Committee, University of Plymouth, Devon and Cornwall Police, Devon and Cornwall Police and Crime Commissioner and the Voluntary and Community Sector.

Tracey Lee
Chief Executive

Health and Wellbeing Board

10. NHS Long Term Plan

(Pages 1 - 18)



Developing a Long Term Plan for Devon

Paul O'Sullivan



STP has been catalyst for positive change



Since 2016, seven NHS organisations and three local authorities in Devon, Plymouth and Torbay have been working together as a partnership (called an STP)

Devon has benefited from this way of working

It has helped build a stronger approach between NHS and local government

A shared commitment has led to many outstanding social care, mental health, GP and hospital services across Devon

What we have achieved so far working together

1 | Devon leads the way in using new technology for GP appointments

Devon is recognised in the **NHS Long Term Plan** for being the **highest in the South West** and **second highest in the country** for introducing alternatives to traditional face-to-face appointment options with a GP.

3 | Devon campaign improves vaccination rates

Early **flu vaccination uptake** data suggests there has been an increase in flu vaccination and that the two Devon CCGs have some of the **country's highest performance rates in children's vaccination**.



4 | New contracts for children's services

New contracts for **community health and wellbeing services** for children and young people will be introduced in April. These will be delivered by new alliances of **NHS providers** in Devon **working together**. More seamless pathways will be developed for **children and young people** with specific needs, such as **autism** and **neuro-disability**.

5 | New community eating disorder service for Devon

Launching in February, this new service will provide a dedicated service to people with **mild to moderate eating disorders** in a **community setting**. It will offer **psychological support**, advice on **diet and nutrition** and **family interventions** to support individuals in their recovery.

2 | New charter aims to tackle loneliness

Representatives from Devon's **Health and Wellbeing Board** have signed an ambitious charter to **end loneliness**. The Board has pledged that its partner authorities, including the **NHS, Public Health** and **Social Care**, will do all they can to tackle the issue and identify ways to reduce it.



What we have achieved so far working together

6 | £50 million investment to enhance NHS facilities in Devon

The investments announced during 2018/19 will deliver enhanced **new facilities, technology and equipment** at **Derriford Hospital, Torbay Hospital** and **North Devon District Hospital**.

9 | New international GP recruitment programme for the South West

Devon, Cornwall and Somerset will be welcoming doctors from abroad as part of a **new campaign** with NHS England. Devon STP has supported a marketing campaign to **promote the South West** to **prospective GPs**, those who have **recently retired** and those **currently working abroad**.

7 | Joint strategy for learning disabilities

The strategy sets out how organisations in Devon will help people **live well with a learning disability**. It focuses on doing the things that matter and supporting people to live a **full and independent life** as far as possible, including **gaining employment**.

10 | 1,000 people with mental ill health helped in returning to work

People with mental ill health issues in Devon have received **invaluable help** and support in returning to work, as well as generating funds to reinvest back into the NHS as part of therapy. The **New Leaf scheme in Exeter** is an example of innovative working helping to improve people's health and benefit society.

8 | Fewer patients now have to leave Devon for mental health support

Devon's new **Psychiatric Intensive Care Unit** accepted its first admissions in January. Located on Devon Partnership NHS Trust's **Wonford House site** in Exeter, the unit has **ten beds for men and women** and will mean that significantly fewer people will have to travel outside the area for their care.



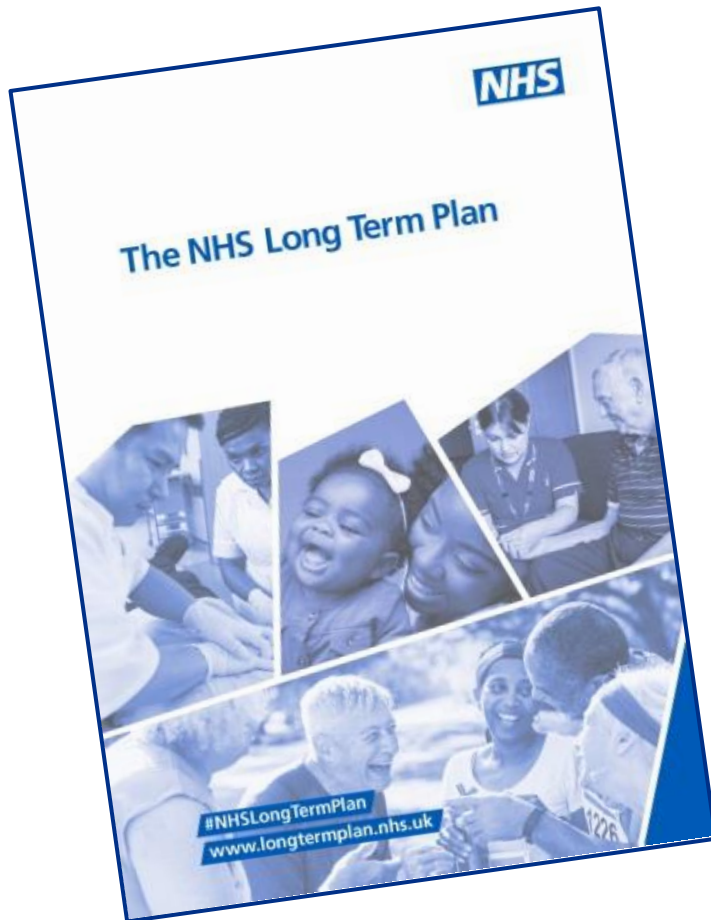
Launch of Long Term Plan will help us focus on the next five years

National launch of NHS Long Term Plan in January 2019 – builds on previous work and sets out key ambitions for the NHS over the next **10 years**

Devon, like every area of the country, has been asked to develop its **own Long Term Plan**

Our Plan, which will be completed by October 2019, will cover **health and wellbeing**

We will actively engage with you, and other key groups, on its development

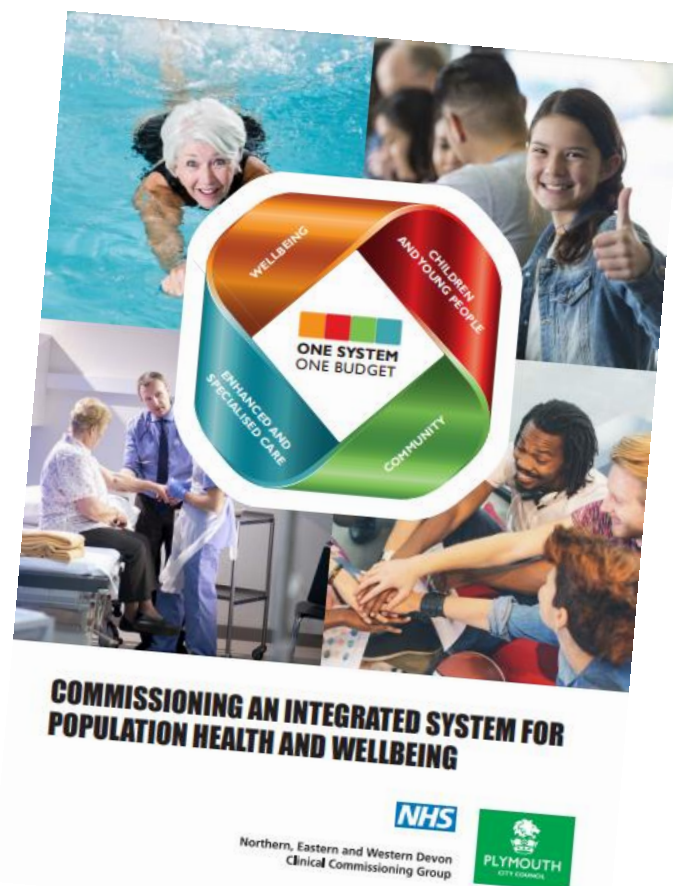


Building on existing work in Plymouth

The plan signals **continuity** rather than change, and balances national direction with **local autonomy**

It will build upon existing work in Plymouth, e.g. One System One Vision strategy:

1. To improve **health and wellbeing** outcomes for the local population
2. To reduce **inequalities** in health and wellbeing of the local population
3. To improve people's **experience of care**
4. To improve the **sustainability** of our health and wellbeing system



Our health and wellbeing challenges

As part of the STP, councils and the NHS have identified the following challenges in JSNAs and other information:

- An **ageing** and **growing population**
- Balancing access to services in both urban and rural localities
- Complex patterns of deprivation linked to earlier onset of health problems in more deprived areas (10-15 year gap)
- **Housing** issues (low incomes / high costs/ poor quality in private rental sector)
- Giving **every child the best start** in life and ensuring children are ready for school
- Poor **mental health** and wellbeing, contributed to by social isolation and loneliness
- Poor health outcomes caused by modifiable behaviours
- Pressures on services (especially unplanned care) caused by increasing long-term conditions, multi-morbidity, mental health and frailty.
- Unpaid care and associated health outcomes
- Shifting to a **prevention** and **early intervention** focus

Joint Health and Wellbeing strategy priorities

Devon

1. A focus on children young people and families
2. Living well
3. Good health and wellbeing in older age
4. Strong, safe and supportive communities
5. Lifelong mental health

Plymouth

1. Integrated health & wellbeing, promote choice & personal responsibility
2. Addressing health inequalities
3. Best outcomes for children
4. Supporting adults with health and care needs
5. Strong and safe communities
6. Health-enabling transport system
7. Optimising natural environment health benefits
8. Meeting local Housing needs
9. Accessible, excellent health services

Torbay

1. Working together to promote good health and prevent illness
2. Best start in life
3. Emotional resilience in young people
4. Create healthy places
5. Support the vulnerable
6. Enable people to age well
7. Promote good mental health

Common areas of priority between the strategies:

1. Common vision around **reducing health inequalities** and addressing **wider determinants** of health
2. **Mental health** across the life course
3. A focus on **communities, housing** and the built environment
4. Giving **children** the best start in life
5. A focus on **living well**, encouraging **health lifestyles** and **prevention**
6. Maintaining **independence** and good health into older age

The main themes in the Long Term Plan that we will focus on for the longer term

1. Greater focus on population-based health outcomes



More focus on strategies which have an impact on health and wellbeing in Devon

NHS, local authorities and other partners will work together to help people and communities control their own future

The approach will address the aims of helping people and communities in Devon to become more healthy, connected, safe, prosperous and resilient

2. Helping people to live healthier lives

Tackling environmental and social conditions to promote good health

Encouraging healthier behaviour so people do not become ill

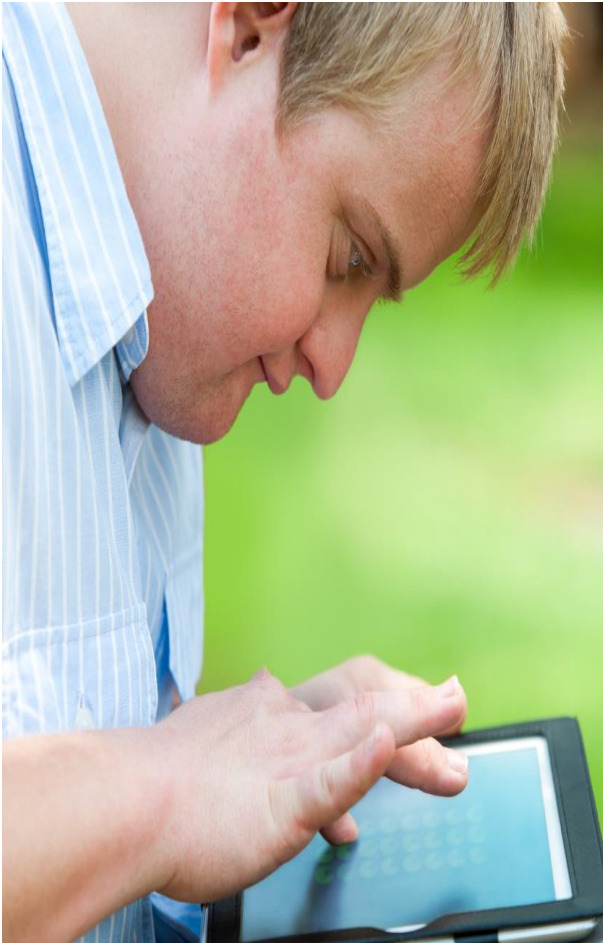
Changing behaviours and managing early illness to prevent progression

Addressing loss of independence in established illness

Promotion of well-being and self-care



3. Enhancing how we help those needing mental health support



Continue to close the **investment** gap between mental and physical health

Improve provision for people with **severe, long-term mental illness**

Improve **physical** health care for people with mental health problems and **psychological** care for people who have physical health problems

Enable people with **learning difficulties** and autism to have the same opportunities as everyone else, including support for employment and housing

Offer individual support to people with **dementia** and their families

4. Improving out-of-hospital care

Boost investment in primary and community health services – spend that will grow faster than any part of the NHS budget

Transform general practice as set out in the **GP Five Year Forward View** to improve resilience and access

Enhance primary care and community services to provide more **appropriate and timely** care for people seeking help, and reduce hospital admissions

Continue to offer and enhance GP services, including **online consultations**, evening and weekend appointments, and the ability to book GP appointments through **111 Online**



5. Better integrating health and social care services



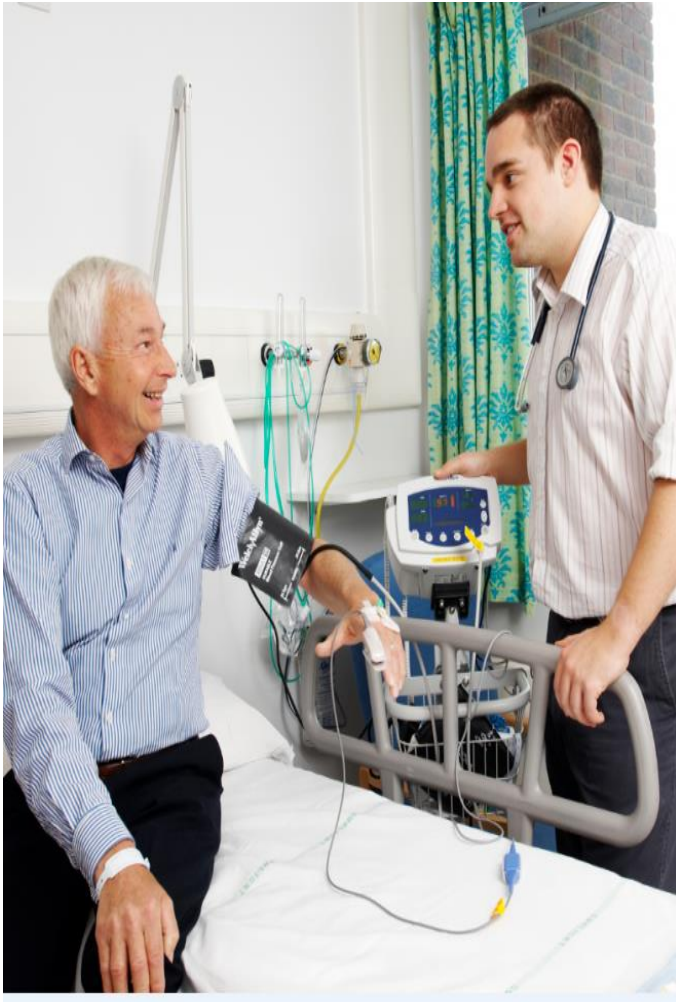
Implement a **new Integrated Care System** to bring the whole health and care system together to benefit our population

Take a whole person approach incorporating both physical and mental health, so people can remain in their own homes

Better involve and support the **voluntary sector** and **carers**

Implement evidence-based interventions to better support **care home** residents and reduce hospital admissions

6. Reviewing and developing hospital-based clinical services



New **Clinical Service Strategy** aims to provide a strategic view of the configuration of clinical services for the next 10 years and beyond

There is an outline agreement to conduct this review with colleagues from **Cornwall** recognising existing clinical networks and pathways

Provide a roadmap for **sustainable** clinical services, focusing on improving clinical and population outcomes and making best use of our workforce, funding and resources

Describe where services are best provided by working more closely together in clinical networks of care

Light engagement:
Broad themes (population health, prevention, mental health, primary care, integrated care and clinical services)

Detailed engagement: specific plans, ambitions, changes and challenges

	March	April	May	June	July	August
Health and wellbeing boards	Plymouth 7/03 Torbay 14/03	Devon 11/04 Plus arrange joint meeting with chairs of the three boards to plan future meeting		Potential meeting in common (TBC)		
Scrutiny Committees	Torbay 19/03 Devon 21/03			Joint scrutiny meeting?		
MPs		Meeting in London with STP leadership (Phil and Suzi)				Follow up event
Other Councillors (such as Districts)		Briefing on and prepare key messages for engagement		Engagement with communities led by elected members and clinical leads		
Patients / Public		Healthwatch survey PPGs		Citizens Panel Joint Engagement Forum / DoPC Young People's Parliaments		

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How we could work together

Health and Wellbeing Boards and Scrutiny Committees could assist with:

- **Democratic accountability** – providing established governance and scrutiny
- **Engaging partners** on the wider determinants of health e.g. housing and leisure
- **Leadership in communities** – helping to provide the community narrative alongside the data

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